

DINSHA PATEL COLLEGE OF NURSING, NADIAD

SCHOOL HEALTH ASSESSMENT REPORT

At Alindra School by Final Year B.Sc. Nursing

❖ INTRODUCTION

Alindra P.S. was established in 1869 and it is managed by the Local body. It is located in rural area. It is located in NADIAD block of KHEDA district of Gujarat. The school consists of Grades from 1 to 8. The school is Co-educational and it has an attached pre-primary section. The school is N/A in nature and is not using school building as a shift-school. Gujarati is the medium of instructions in this school. This school is approachable by all weather road. In this school academic session starts in April.

The school has Government building. It has got 15 classrooms for instructional purposes. All the classrooms are in good condition. It has 2 other rooms for non-teaching activities. The school has a separate room for Head master/Teacher. The school has Partial boundary wall. The school has have electric connection. The source of Drinking Water in the school is none and it is functional. The school has 1 boy's toilet and it is functional. And 1 girl's toilet and it is functional. The school has a playground. The school has a library and has 256 books in its library. The school does not need ramp for disabled children to access classrooms. The school has 11 computers for teaching and learning purposes and all are functional. The school is having a computer aided learning lab. The school is provided and Prepared in School Premises providing mid-day meal.

We are students of the final year B.Sc.Nursing from Dinsha Patel College of nursing, Nadiad. We had reached primary health school, Alindra at 11:00 AM with our faculties Mr. Kailash Nagar, Mrs. Dhrumini Patel and Ms. Freny khristi.

❖ PURPOSE OF SCHOOL HEALTH ASSESSMENT

1. To assess the student health status.
2. To identify any health problem of the students.
3. To identify disease, deformity, disabilities and defects.

❖ COMPONENTS OF SCHOOL HEALTH ASSESSMENT

1. Height
2. Weight
3. Body Mass Index [BMI]
4. Mid-arm circumference
5. Dental Problem [Dental Carries, Fluorosis]
6. Eye Problem
7. Any Other Health problems such as , Mental Retardation, Cold Cough, Ear Pain, Stomach Pain, and Menstrual problems, etc.

❖ IMPORTANCE OF SCHOOL HEALTH ASSESSMENT

School Health Assessment are usually structured screening and assessment tools used in a primary care practices to help the health care team and students develop a plan of care. Health assessment information can also help the health care team understand the needs of its overall population of students. School health assessment provides age appropriate information about health and nutrition to the children in schools and to promote healthy Behaviors' among the children that they will inculcate for life.

Name of school: Primary School, Alindra.

Time of school: 10:45 AM To 3:30 PM.

Name of principal: Mr.Vijaykant Aeniyasbhai Bhanat

Total Staff: 09

Name of staff:

1. Rupalben Kanubhai Darji
2. Rupeshbhai Johnbhai Macwan
3. Ranjanben Ambalal Prajapati
4. Kokilaben Tishabhai Parmar
5. Falguniben Valjibhai parmar
6. Krupaben Harishachandra Dalvadi
7. Amitkumar Gopalbhai Patel
8. Vimalbhai Mahendrabhai Vakharia
9. Arvindkumar jivanbhai Parekh

❖ **FACILITIES AVAILABLE AT SCHOOL**

1. Computer Room
2. T.V.
3. Books
4. Library
5. Blackboard
6. Bulletin board
7. Charts
8. Flannel board
9. Study table
10. Projector
11. Laptop
12. Internet Classes
13. Models of science
14. Games
15. Music
16. Desk
17. Scholarship[Government]

❖ **EXTRA ACTIVITY OF THE SCHOOL**

1. Annual Day
2. Mahendi Competition
3. Music Competition
4. Essay Competition
5. Sports Day
6. Bal Melo [Drawing,Vocational training]
7. Holi Celebration
8. Farewell
9. Navratri
- 10.Utrayan

❖ **MID DAY MEAL PROGRAMME**

- Supervisor's Name: Geetaben Maheshbhai Makawana
- Helpers Name: Indiraben Juvansingh Solanki
Kamuben Hiteshbhai Solanki
Shitalben Girishbhai Baraiya
Kaliben Jitendrabhai Chauhan
- Breakfast Time: 12:45 PM
- Lunch Time: 1:45 PM

MENU

DAY	BREAKFAST	LUNCH
Monday	Shukhadi	Vegetable khichdi
Tuesday	Chana-chat	Thepala-sukibhaji
Wednesday	Mix dal /sev-usad	Vegetable pulav
Thursday	Chana-chat	Dal-dhokdi
Friday	Mudhiya	Dal-bhat
Saturday	Chana-chat	Vegetable pulav

Stock for food preparation

- Rice and Wheat: 300 kg per month
- Oil: 3 container per month
- Dal: 50 kg
- Student take meal by their own and washing their dishes by their own after that the cooking staff washing dishes by themselves.

❖ **BODY MASS INDEX [BMI]**

Sr.No.	BMI Category	Total	Percentage
1.	Under Weight	234	95.12%
2.	Normal Weight	12	4.87%
3.	Over Weight	00	00%
4.	Obesity	00	00%
	Total	246	100%

❖ **STUNTING**

Sr.NO.	Stunting Category	Total	Percentage
1.	Normal	73	43.45%
2.	Mild	72	42.85%
3.	Moderate	23	13.69%
4.	Severe	00	00%
	Total	168	100%

❖ WASTING

Sr.No.	Wasting Category	Total	Percentage
1.	Normal	14	8.33%
2.	Mild	23	13.69%
3.	Moderate	43	25.59%
4.	Severe	88	52.38%
	Total	168	100%

❖ CONCLUSION

We are Final year B.Sc. Nursing Students from Dinsha Patel College of Nursing, Nadiad. We are thankful to our Faculties for giving us this opportunity for school health assessment. Through the assessment we had find BMI, Stunting and Wasting. After the assessment we know the health status of the students.