

# Dinsha Patel College of Nursing, Nadiad

## A report on: International Yoga Day, 2019

- **Name of the event:** International Yoga Day, 2019
- **Organizer details:** National Service Scheme unit, DPCN
- **Venue:** The grand Chetak party Plot, Nadiad
- **Date:** 21 June-2019
- **Time:-** 6:30am-8:30am
- **Participant's details:** All Classes Students and Faculties
- **Total number of Participant:- Students 410 and faculties: 41**
- **Name of the reporter and contact details:** Mr. Kailash Nagar (NSS P.O.) Mo. 09509323044

The National Service Scheme (NSS) unit Dinsha Patel College of Nursing, Nadiad, Managed by Mahagujarat Medical Society, Nadiad, in the association with J.S. Ayurveda Mahavidhyalaya, Nadiad celebrated International yoga day at The Grand Chetak party plot Nadiad.

The programme was inaugurated by chief guest Swamy Shri Muditvandanand and Chairpersons of Mahagujarat medical society Nadiad. The chief guest and guest of honors Shri Dinsha Patel addressed the audience and motivated to all the students and faculties for doing yoga everyday in order to be healthy.

The yoga session was started at 7:00am to 8:00 am as per the circular from Indian nursing council and follows all the yoga exercise protocols as per Indian Government norms. After the yoga session an awareness rally was conducted to make awareness among local public about importance of yoga in day to day life and display placard of benefits of yoga. Followed by yoga refreshment was given to all the participant (Amul cool milk and cookies.)

**Date: 21/06/2019**

**Place:** DPCN, Nadiad

**Signature of reporter / event Coordinator**

**Signature of NSS P.O.**

**Signature of principal**



**Photo. No.1 Group photo of DPCN faculty.**



**Photo No.2 Yoga Session**



**Photo No.3 Yoga Session**



**Photo 5. Yoga Session**



Photo 5. Yoga awareness Rally



Photo 6. Yoga awareness Rally